

## BEAT THE HEAT

Helpful facts to keep your pets safe and cool!

There are several factors to consider when outdoors in the heat with your pet. Depending on the size, breed and age of your pet, animals can start feeling the effects of heat at temperatures as low as 70°F. Dangerous heat conditions can begin at or around 85°F.

- Make sure your pet has access to fresh, clean water and shade.
- Never leave a pet alone in a parked car.
- Limit outside time as temperatures increase.
- Limit exercise duration and to the early morning and evening hours.

Surfaces like asphalt or pavement can reach temperatures of 125°F at an outside temperature of only 75°F. Dog and cat paws can be just as sensitive as their owner's feet.

To test if it's too hot to walk, place the back of your hand on the surface in question for seven seconds. If you struggle to keep it there the entire time, it's too hot to walk.



## KNOW THE SIGNS OF POSSIBLE HEAT STROKE:

- Excessive prolonged panting.
- Excessive drooling.
- Dark red and/or tacky tongue/gums.
- Staggering, lethargy, collapse.
- Vomiting and diarrhea.
- High heart rate.
- Body temperature above 104°F.

Great Plains SPCA | 5424 Antioch Drive | Merriam, KS 66202 | (913) 831-7722 | www.greatplainsspca.org
\*Sourced from the ASPCA, The Humane Society of the United States and Tufts Animal Condition and Care Scales.